

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<b>1</b> SPRING BREAK	<b>2</b> SPRING BREAK	<b>3</b> SPRING BREAK	<b>4</b> SPRING BREAK	<b>5</b> SPRING BREAK
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<b>8</b> *Chicken Rice Bowl *Turkey & Cheese Sandwich Veggie Fruit Milk	<b>9</b> *Brunch for Lunch *Chef Salad Goldfish Crackers Veggie Fruit Milk	<b>10</b> *Beefy Nachos *Italian Sub Veggie Fruit Milk	<b>11</b> *Chicken Alfredo *All American Sandwich Veggie Fruit Milk	<b>12</b> *Cheese Pizza *PB&J Sandwich Veggie Fruit Milk
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<b>15</b> *Italian Dunkers w/Marinara *Ham Sandwich Veggie Fruit Milk	<b>16</b> *Hamburger/Cheeseburger *Hot Dog Fries Veggie Fruit Milk	<b>17</b> *Chicken Nugget Po Boy Sub *Corn Dog Veggie Fruit Milk	<b>18</b> *Mac & Cheese *Chicken Patty Sandwich Veggie Fruit Milk	<b>19</b> *Pepperoni Pizza *Turkey Sandwich Veggie Fruit Milk
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<b>22</b> *Chicken Nuggets/Roll *PB&J Sandwich Veggie Fruit Milk	<b>23</b> *Beef Tacos *Italian Sub Veggie Fruit Milk	<b>24</b> *Hamburger/Cheeseburger *Hot Dog Fries Veggie Fruit Milk	<b>25</b> **Italian Dunkers w/Marinara *Crispy Chicken Wrap Veggie Fruit Milk	<b>26</b> *Sloppy Joe *Chicken Caesar Salad Veggie Fruit Milk
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<b>29</b> *Hamburger/Cheeseburger *Bean & Cheese Burrito Veggie Fruit Milk	<b>30</b> *Chicken Alfredo *Peppi Pizza Salad Veggie Fruit Milk			
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## Mathematics Awareness Month

April is Mathematics and Statistics Awareness Month. Since the start of Mathematics Awareness Week back in 1986, the aim has been to increase the level of interest in the study of mathematics and increase the level of public understanding and appreciation for the wide range of applications for mathematics in fields as diverse as manufacturing, business and medicine. However, sometimes we overlook a daily activity that can help students not only advance their math skills but also establish

life skills. That activity is cooking. Cooking with recipes engages reading skills, comprehension and math. Recipes might include fractions, measuring and portioning—many of the basic skills students need to excel in math. Consider encouraging your child to select a few recipes he or she would like to make. Then, take some extra time to have fun and appreciate together the opportunity cooking brings to build a greater understanding and appreciation for mathematics.



Sodexo is committed to promoting healthier food choices and encourages students and families to use the USDA MyPlate to build healthy and balanced meals.

[liftoffsplayground.com](http://liftoffsplayground.com)

### BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
*Muffin *Cereal & Toast Fruit Milk	*Fruitel *Cereal & Toast Fruit Milk	*Waffle *Cereal & Toast Fruit Milk	*Pancakes *Cereal & Toast Fruit Milk	*Bagler *Cereal & Toast Fruit Milk
*Donuts *Cereal & Toast Fruit Milk	*Muffin *Cereal & Toast Fruit Milk	*Oatmeal Bar *Cereal & Toast Fruit Milk	*Bagler *Cereal & Toast Fruit Milk	*French Toast *Cereal & Toast Fruit Milk
*Waffle *Cereal & Grahams Fruit Milk	*Donuts *Cereal & Toast Fruit Milk	*Bagler *Cereal & Toast Fruit Milk	*Oatmeal Bar *Cereal & Toast Fruit Milk	*Cinni Minis *Cereal & Toast Fruit Milk
*Yogurt *Cereal & Toast Fruit Milk	*Waffle *Cereal & Toast Fruit Milk			

### Fresh Pick Recipe

#### STRAWBERRY SALSA WITH BAKED CORN CHIPS

- ¼ c Red onion (small dice)
- 1 Jalapeno pepper (minced)
- 1 Yellow bell pepper (medium dice)
- 1 Green pepper (medium dice)
- 1/2 Cucumber (medium dice)
- 1 Pint Strawberries (large dice)
- 1/2 c Pineapple (medium dice)
- 1/2 C Cilantro leaves
- 1/2 c Orange juice
- 2 T Lime juice
- 2 T Extra virgin olive oil
- Salt and pepper to taste
- Baked tortilla chips/scoops

1. Prepare all ingredients as directed.
2. In medium bowl mix all of the ingredients except for the chips.
3. Serve the salsa with the chips on the side.

### Meal Prices for March

17 Days

### Month Totals

This school participates in Breakfast in the Classroom **BREAKFAST FREE TO ALL STUDENTS**  
Full Pay Lunch \$32.30 Reduced Pay Lunch \$6.80

**freshpick**  
for better health



Nutrition Information is available upon request.